

Now available in Canada



Cabhrú: a free online counselling service for the Irish abroad

Cabhrú is provided by Helplink Support Services, an Irish based non-profit organization, and is part funded by the Department of Foreign Affairs Emigrant Support Fund.

Each client can receive a minimum of 6 (culturally sensitive) counselling appointments - provided by qualified, insured and Garda-vetted Counsellors who are available 7 days a week.

Go to <http://www.helplink.ie> and click on Irish Abroad service for more info!

To **book an appointment** email helplinksupport@helplink.ie

To avail of appointments you must have a current Irish passport - this and other Ts & Cs apply.

