



# LGBTQ+ ORGANISATIONS [August 2020]



## LGBTQ+ Community

LGBTQ+ is used to represent all of the communities included in the LGBTQ+: Lesbian Gay Bisexual Transgender Queer +

Many newcomers to Canada are from the LGBTQ+ community. Getting connected to LGBTQ+ positive and supportive services, staff and resources can be challenging in a new city and/or country if you do not know where to start looking or do not have people to guide you.

To help you get connected, we have put together a list of agencies across Canada that are LGBTQ+ friendly and knowledgeable of your needs and offer programs to support you and to connect you to the LGBTQ+ community.

### Toronto

SERVICES	AGENCIES			
<b>Primary Health Care</b> These agencies have expertise in LGBTQ+ health and can get you connected to a doctor and other healthcare needs.	<b>Women's Health in Women's Hands</b> <a href="http://www.whiwh.com">www.whiwh.com</a> T: 416-593-7655	<b>Sherbourne Health</b> <a href="http://www.sherbourne.on.ca">www.sherbourne.on.ca</a> T: 416-324-4180	<b>Church Wellesley Health Centre</b> <a href="http://www.cwhealth.ca">www.cwhealth.ca</a> T: 416-463-1500	<b>Access Alliance</b> <a href="http://www.accessalliance.ca">www.accessalliance.ca</a> T: 416-693-8677
<b>Mental Health Supports</b> These services will help you and your family with mental health counseling, developmental needs, and crisis services.	<b>Skylark</b> <a href="https://www.skylarkyouth.org/">https://www.skylarkyouth.org/</a> T: 416 482 0081 or info@skylarkyouth.org	<b>Sherbourne Health</b> <a href="http://www.sherbourne.on.ca">www.sherbourne.on.ca</a> T: 416-324-4109		<b>Egale Youth OUTreach</b> <a href="http://egale.ca/outreach/">http://egale.ca/outreach/</a> T: 416 964 7887 ext 9 E: Outreach@egale.ca
<b>Community Programs</b> These agencies have different programs for LGBTQ+ youth and adults at different times during the week.	<b>Sherbourne Health – Supporting Our Youth (SOY)</b> ( <i>Drop-in, case-management</i> ) <a href="http://www.SoyToronto.org">www.SoyToronto.org</a> T: 416 324 5077	<b>Egale Youth OUTreach</b> <a href="http://www.egale.ca/outreach">www.egale.ca/outreach</a> T: 416 964 7887 ext 9 E: Outreach@egale.ca		<b>The 519</b> <a href="http://www.the519.org">www.the519.org</a> T: 416-392-6874

## **Vancouver**

[Qmunity](#)

[LGBTQ Meetups Vancouver](#)

[LGBT Social Clubs](#)

[Mosaic](#)

[AMSSA](#)

## **Calgary**

[Calgary Outlink](#)

[LGBTQ Meetups Calgary](#)

[LGBTQ Supports and Services](#)

## **Edmonton**

[Outreach](#)

[Pride Centre of Edmonton](#)

[LGBTQ OK2BME](#)

## **Montreal**

[LGBTQ Youth Centre](#) [LGBTQ Meetups Montreal](#)

[LGBTQ OK2BME](#)

## **Ottawa**

[Family Services – Around the Rainbow](#)

[Kind](#)

[LGBTQ Meetups Ottawa](#)

[LGBTQ+ Tourism Ottawa](#)

## **Winnipeg**

[Rainbow Resource Centre](#)

[SERC Manitoba](#)

[Manitoba LGBT Chamber of Commerce](#)

## **Halifax**

[LGBT Meetup Halifax](#)

[Nova Scotia Rainbow Action Project](#)

## **St. John's Newfoundland**

[River Valley Equality Centre](#)