



**COMING TO CANADA:
EXPECTATIONS AND
REALITIES**

[November 2018]

Before You Go

You can prepare yourself emotionally by reviewing the tips [here](#).

In addition, also consider:

Funds

If you are coming on the IEC, the rules state that you must have a minimum of \$2500 CDN, but this is not necessarily enough. By the time you pay first and last month's rent, buy basic furniture (Canadian apartments rarely come furnished), buy a cell phone, and stock your fridge, your savings may be close to gone.

If you are coming on the LMIA/temporary foreign worker program, you need to bring even more savings if possible. Those on the LMIA can be laid-off. LMIAs are non-transferable.

Employment Expectations

Canada has a fairly stable (but not booming) economy at present. However, there is still a lot of competition for employment, especially in the major cities and especially amongst new graduates.

Be prepared to take a “joe-job” to get you by when you first arrive while you interview for roles in your sector.

Expect to wait several months before landing a “career position.” The Canadian hiring system is slower than you will have been used to in Ireland. From posting to interviewing to second interviews to meeting the team and signing contracts will take weeks and sometimes longer.

Be prepared for quiet times in hiring. Mid-November to early February and early June to September are very quiet. If you arrive in November, unless you are in a trade or the retail and hospitality sector, it is unlikely that you will find what you are looking for, even in terms of interviews, until mid-winter. The same is true if you arrive in mid-May—hiring may not pick-up again until September.

Research

Spend some time exploring your employment sector. Go on the various job sites for each major city (some are listed on our website). Read the major Canadian newspapers to follow economic trends. Check out the Skills Recognition guide on our website to see what exams you may need to take upon arrival. You may want to work with a recruitment agency.

Resume

You will need to “Canadianize” your CV. We call it a resume here. You will find a standard example on the Essential Guides page of our website. Have this done and ready to go upon arrival. As soon as you get a cell phone here, put your Canadian number on the resume. Do not send out your resume with a non-Canadian address or phone number. Do not list your nationality, date of birth, or status in Canada on the resume.

Cost of Living

Food in Canada can be more expensive than in Ireland. You will be surprised by the price of cheese or a pint. Bread, milk, all the staples, are priced higher.

Furnished apartments: they rarely exist in Canadian cities. The majority of landlords will expect you to bring in your own furniture. Ikea and GoodWill/Value Village are the cheapest options. Also watch local Irish FB pages to see if those going home are selling their furniture.

Geography

Canada is the second biggest country in the world. It takes over a week to drive from one end to the other—our land mass spans 3 oceans. There are 10 provinces and 3 territories. In Ontario alone you can drive for two days and still be in the same province. If you live outside of a major city you will find your commute to be longer than that to which you are used. In certain parts of the country it will be difficult to function without a car. The major cities have subways, above ground commuter trains, light rail systems, and/or bus routes